

Hello, What a year it has been, lockdowns coming to an end and being able to get back to some normality. Deaf Services Lanarkshire have been extremely busy this year with activities, workshops and a big 91st birthday celebration.

We have commenced the keep well clinic which take place every 2 months. We have found this to be extremely beneficial for our Deaf community and wish to thank Sandra, Dawn, Hazel and Ashleigh

Deaf services Lanarkshire provided 7 Deaf awareness sessions supporting 120 front line staff of public services in raising awareness.

## Flower arranging

Our ladies loved the flower arranging class it was only to be 3 weeks but have increased it due to how much they have thoroughly enjoyed it.



## Cooking Class

We had a 10week healthy cooking class which was so successful. We have arranged another session commencing 19.01.2023.





### Halloween



### Christmas



Above event not to be missed our Deaf members at Coatbridge Deaf Club! Halloween fancy dress in the Deaf club. Christmas dinner at the Bank social Club (top right) some even said it was the best Christmas Dinner out. Also Deaf news Christmas gala night with some amazing prizes. (right)



### Befriending



We have 5 members who we are currently supported in our befriending scheme attending lots of different groups our birthday girl Cathie and also her new friend Barbara. (Picture above)

### Special announcement



Happy Birthday Cathie MacIntyre a very special birthday.



# Domino



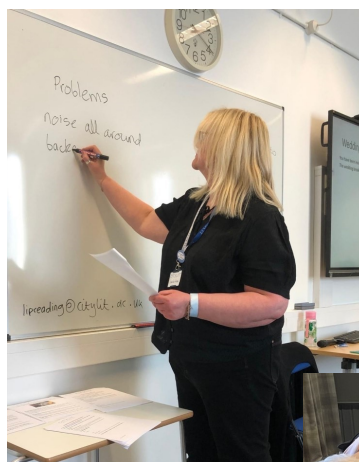
Mens domino group have won an amazing amount of trophies for their Coatbridge group. It is a pass time they love and enjoy. Staff in the office often hear them laughing on a weekly basis. Numbers are constantly growing.

Left ( William Cull winner of the Scottish trophy played in Falkirk)  
Right (Michael Donnelly Winner of the Coatbridge single trophy)



# Hard of Hearing

HOH Group runs every Tuesday night as part of a support network (left lipreading class)



# Gentle Exercise

We have a gentle exercise class every Wednesday and our members love it they come in early and have a cuppa. Thanks to Gillian for her support.



HOH Christmas lunch at the Junction





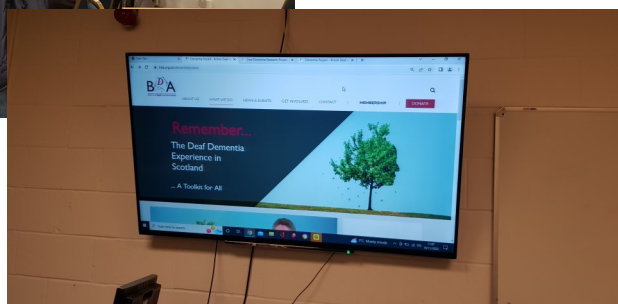


### MP Visit

Fulton McGregor visited the centre and met with some members of our ladies craft group. (Picture Left)

### BDA

BDA came in and spoke about working with people with Dementia and how you can help them and making it easier with simple adaptations. Many Thanks to Avril Hepner for a very informative session (Pictures to the right)



### Diabetes Workshop



Another successful event, diabetes Information workshop. Deaf members attending thoroughly enjoyed it many thanks to Tracey and Malcolm Rew for their support at this event. (Picture Left)

### Sinclair Centre

Staff members of the Sinclair Centre developing BSL communication skills for one of their day care members. This was supported by the Claire Sharkey Fund donations. (Pictures Right)

